

CHOOSE PEACE WEEK

September 21 – 25, 2020

“Shaping Peace Together”

ACTIVITY GUIDE



Choose Peace Week 2020

Choose Peace/Stop Violence announces its 11th Annual **Choose Peace Week** celebration! Since 2010, the initiative has worked with partners, communities and youth to address the terrible reality of youth violence. The initiative is a collaborative effort led by the United Way of Broward County, the School Board of Broward County, Children's Services Council of Broward County and the Law Enforcement Trust Fund.

We adopted the 2020 United Nations (UN) theme: "*Shaping Peace Together*" to kick off our 2020-2021 campaign. The theme draws attention to spreading compassion, kindness and hope in the face of the pandemic and a call for action to continue to live in harmony with our environment. **We will stand together with the UN against attempts to use the virus to promote discrimination or hatred. Join us in shaping peace together!**

This Activity Guide provides an array of activities - focused on promoting peace, unity and inclusion - that students and community members can safely engage in during this time of the pandemic. This year we are elated to announce that we will have a total of **THREE contests** for youth to participate in!

BE CREATIVE! HAVE FUN! SPREAD PEACE!

Choose Peace/Stop Violence



“Peace Across Broward Day”

September 21st



On Monday, September 21st, "Peace Across Broward Day" (also the United Nations *International Day of Peace*) is celebrated. We encourage students and staff to wear something WHITE to represent equality, fairness, protection, alleviate emotional upsets and encourage peace, tranquility, comfort and hope.



“ALL·4·PEACE”

- **Chalk4PEACE**
 - Create chalk art to express messages of inspiration and visions for a more peaceful community.
- **TicTacToe4PEACE**
 - Invite your friends/family members/colleagues to a friendly game of Tic-Tac-Toe for Peace. Courtesy of Glades Middle School
- **Meditate4PEACE**
 - Join Wuf Shanti's Mindful Kids Peace Summit daily for mindfulness exercises to help manage stress and cope with the challenges of today's world.
- **Exercise4PEACE**
 - Encourage your friends/family members/colleagues to be active as we continue to experience quarantine by fostering solidarity, community and team spirit.
- **Activism4PEACE**
 - Share your knowledge about a social justice issue you are passionate about to a friend/family member/colleague.
- **Community4PEACE**
 - Create a Kindness Card and leave it somewhere in your community to brighten up someone's day. Inspired by: Pembroke Pines Charter Elementary School - FSU Campus
- **Wishes4PEACE**
 - Inspired by John Lennon & Yoko Ono's interactive artwork for worldwide peace and understanding; tie a written wish to a tree branch.





Chalk4Peace

Create chalk art to express messages of inspiration and visions for a more peaceful community

- Materials:**
- Chalk
 - Sidewalk/ Driveway
 - Water
1. Before you start, ask your parent/guardian for permission and their suggestion for a safe location to create your chalk art.
 2. Draw images, messages of inspiration and visions for a more peaceful community.
 3. Drink water as you create your chalk art. It's hot outside and you will get thirsty!
 4. Share your chalk art with us at: @ChoozPeace @browardschools @unitedwayofbroward #ChoozPeace #liveunited #leadingthechange



CHALK4PEACE

<http://chalk4peace.squarespace.com/>



TicTacToe4PEACE

Invite your friends/family members/colleagues to a friendly game of Tic-Tac-Toe for Peace. Courtesy of Glades Middle School

TIC TAC TOE FOR PEACE
2020 Agents of Change

<p><u>PEACE DOOR DECORATING</u> Decorate a door with images, words, phrases, etc.. that illustrates peace.</p>	<p><u>PEACE POSTCARD</u> Create a computer or handmade made postcard that can be sent to someone that needs some tranquility during these difficult times.</p>	<p><u>CHALK A PEACE PATH</u> Select a spot (driveway, park, etc..) to create a PEACE PATH that shows love, peace, & tranquility.</p>
<p><u>OUTDOOR NATURE PEACE MOSIAC</u> Out of stones etc..., create a Peace Mosaic that can be displayed for others to see. Get creative with painting or decorating the stones, etc...</p>	<p>FREE SPACE Create your own Peace Activity.</p>	<p><u>PEACE STARBUCKS SLEEVES</u> Decorate 10 Starbucks Sleeves with words, pictures, etc.. that represent Peace. You will have to call your local Starbucks and share that you are representing peace for your school/community.</p>
<p><u>IMAGINE PEACE TOWER WISH</u> Visit the <i>Imagine Peace Tower</i> Website and send a peace wish to Iceland. Watch the videos, etc.. to learn about the purpose for the Peace Tower.</p>	<p><u>PEACE SIGN CREATION</u> Using creative items from around your house, create a large Peace Sign (ie-buttons, painted hand prints, pictures of your family, tissue paper, etc..)</p>	<p><u>PEACE JINGLE</u> Create a short song or tune that promotes peace. Be creative with your words and message.</p>

© Jennifer Moser © Sherri Miller

[Tic-Tac-Toe for Peace Board \(PDF\)](#)

Meditate4PEACE



Join Wuf Shanti's Mindful Kids Peace Summit **daily** for mindfulness exercises to help manage stress and cope with the challenges of today's world.

Wuf Shanti focuses on:

- **Positivity:** A world in which children are encouraged at a young age to Think Well.
- **Inclusion and Diversity:** A world in which young children learn to love and appreciate each other, no matter where they come from or what nationality, color, or religion they are.
- **The Planet:** A world in which children appreciate the environment and help take care of it.
- **Peace and Love:** A world in which young children are taught to respect each other and forge friendships that go beyond race and nationality.
- **Gratitude:** A world in which children appreciate the Universe and learn to live a mindful, holistic, and joyous life.

Link to daily videos will be available on this slide as we get closer to Choose Peace Week!



Exercise4PEACE



Encourage your friends/family members/colleagues to be active as we continue to experience quarantine by fostering solidarity, community and team spirit.

According to the United Nations and Peace One Day, sports have the power to change the world; it is a fundamental tool to strengthen social ties and promote peace, solidarity, and respect. Be active, stay healthy and demonstrate solidarity during this period of physical and social distancing. This team spirit will help us all get through the current challenges together!

Suggested Activities:

- Play “Simon Says”
- Grab a ball - football, basketball, baseball, tennis ball or soccer ball (throw it, kick it, bounce it, etc.)
- Play Hide & Seek
- Have a dance party at home
- Incorporate jumping jack breaks throughout the day
- Take a family walk or bike ride
- Exercise with the help of free workout videos on YouTube



Share your Exercise4Peace with us: @ChoozPeace @browardschools @unitedwayofbroward #ChoozPeace #liveunited #leadingthechange



Activism4PEACE

Share your knowledge about a social justice issue you are passionate about to a friend/family member/colleague.

Social Justice is the view that everyone deserves equal economic, political, social rights and opportunities in order to be successful.

How can you practice social justice?

- Respect all people, even if they are different from you.
- Help others if they are being treated unfairly.
- Think what is best for everyone instead of just what is best for you.
- Include others in your activities; don't ignore people.
- Be honest and fair in all that you do.



Activism4PEACE

1. Share your knowledge about a social justice issue you are passionate about.
2. Explore social justice issues occurring in your community.
3. Research organizations/ways you can help with this social justice issue in your community.

Share what you've learned with us: @ChoozPeace @browardschools @unitedwayofbroward
#ChoozPeace #liveunited #leadingthechange

Community4PEACE



Create a Kindness Card and leave it somewhere in your community to brighten up someone's day. Inspired by: Pembroke Pines Charter Elementary School - FSU Campus

Materials:

- Paper
- Pen/Pencil/Markers/Crayons
- Scissors

1. Cut a piece of paper into a business sized card (3.5 X 2 inches).
2. On the front of the card write: "Kindness is Magic" and list different random acts of kindness. If you have space, draw a smiley face or peace sign, too!
3. On the back of the card write:
"From a student at insert your school name here! Magic doesn't come from the world, it comes from people and their kindness, that's where magic comes from. Pass on the magic!"
 1. Leave your Kindness Card somewhere in your community!
 2. Share your kindness with us: @ChoozPeace @browardschools @unitedwayofbroward #choozpeace #liveunited #leadingthechange

Kindness is Magic

Thank your teacher.
Donate a used book.
Give a loved one a hug.
Hold a door open.



From a student at ABC School! Magic doesn't come from the world, it comes from people and their kindness, that's where magic comes from.
Pass on the magic!

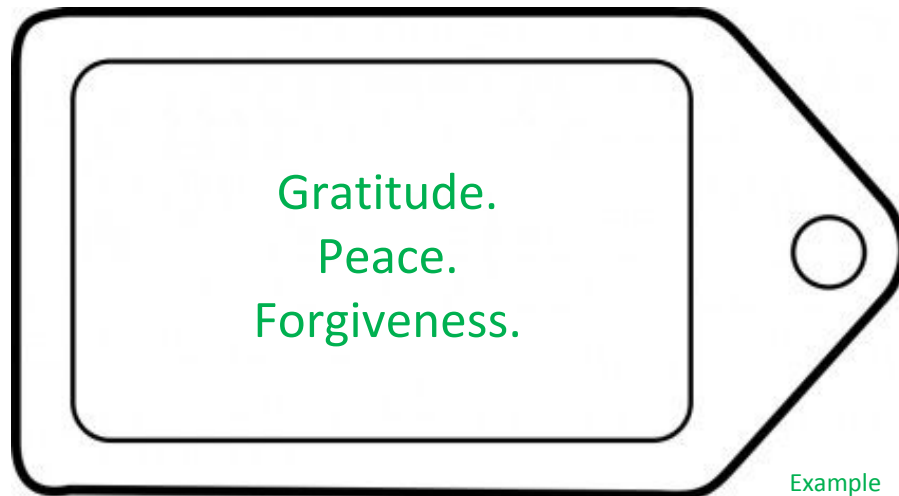
Wishes4PEACE



Inspired by John Lennon & Yoko Ono's interactive artwork for worldwide peace and understanding; tie a written wish to a tree branch.

Materials:

- Paper
 - Pen/Pencil
 - Scissors
 - String
 - Tree/Plant
1. Cut a piece of paper that mirrors the shape below (approx. 4 ¼ X 2 ½ inches)
 2. Puncture a small hole (you might need help from an adult) on the top middle of the tag, loop and tie your string through it.
 3. Write your message or quote for peace.
 4. Hang your wish on a tree/plant (preferably shaded from rain if outdoors).
 5. **Share your Wishes4Peace with IMAGINE Peace Tower: @IPTower**



Example



Contests = Prize\$!

We are encouraging students to participate in our contests!

All winners will receive a gift card prize and Choose Peace/Stop Violence swag :)

PEACE POEM CONTEST

What does PEACE mean to you?

BCPS students **grades 1-5** are invited to create their own acrostic poem using the word "PEACE." Winning poem will be featured on Choose Peace/Stop Violence social media pages! Winner will be randomly selected.

Deadline to submit peace poem: Friday, October 2, 2020.

DIGITAL PEACE VISION BOARD CONTEST

How do you envision your community?

Create a digital collage of images that reflect what YOUR vision of your community would look like. BCPS students **grades 6-12** are invited to submit a digital vision board (photo collage). Winning digital vision board will be featured on Choose Peace/Stop Violence social media pages! Winner will be randomly selected.

Deadline to submit digital vision board: Friday, October 2, 2020.

POSTER CONTEST

Theme: Shaping Peace Together

All BCPS students **grades 1-12** are encouraged to submit artwork, in poster format, that reflects their vision of shaping peace together. Winning artwork will be displayed throughout BCPS schools and community organizations for the 2021-2022 school year.

Deadline to submit posters: Friday, January 15, 2021.

CONTEST: PEACE POEM

What: Create your own acrostic poem using the word "PEACE." Below is an example of how the acrostic poem should be formatted.

Who: Broward County Public Schools students **grades 1-5**

When: Submit Peace Poem via email by Friday, October 2, 2020

To: mcolon@unitedwaybroward.org

Subject: Peace Poem

Body of Email: (required)

- Name of Student
- Name of School
- Grade
- Parent/Guardian Name
- Parent Phone Number

Attachment: Word Document or PDF

P _____

E _____

A _____

C _____

E _____



***** Do not forget to attach Peace Poem to the email*****

CONTEST: *DIGITAL* PEACE VISION BOARD

What: Create a *digital* collage of images that reflect what YOUR vision of your community would look like. Students are highly encouraged to use photos found online (please avoid using personal photos).

Who: Broward County Public Schools students **grades 6-12**

When: Submit Peace Vision Board via email by Friday, October 2, 2020

To: mcolon@unitedwaybroward.org

Subject: Peace Vision Board

Body of Email: (required)

- Name of Student
- Student Phone Number (if applicable)
- Name of School
- Grade
- Parent/Guardian Name
- Parent Phone Number

Attachment: Either a Word Document or PDF. Size: 8X10 only.

For students that want a break from being on the computer, we encourage them to create a traditional style vision board with magazine cutouts. Students can share their vision board on social media with the hashtag **#ChoozPeace**

***** Do not forget to attach Digital Vision Board to the email*****



Choose Peace/Stop Violence Message Development Tips

As you are planning, promoting and delivering your Choose Peace Week activities, we ask that you keep the following messaging techniques in mind.

- Your messages should promote what is good and healthy
- Avoid being prescriptive, preachy or autocratic
- Should not use scare tactics
- Should portray the message in a creative manner and in a positive light
- Use the words “Choose Peace/Stop Violence”
- Must be colorful
- Include a graphic
- Should represent the theme in a creative way
- Your messages should promote what is good and healthy
- Share your student’s hard work on social media!
 - ★ @ChoozPeace @browardschools @unitedwayofbroward #ChoozPeace #liveunited #leadingthechange



Poster Contest Details/Questions

Poster Contest Details

- PEACE POSTER CONTEST guidelines will be available starting Friday, September 11th [HERE](#).

Questions

- For questions, to plan a virtual community event or to submit photos of your activities contact:
 - **Mabel Colón, Choose Peace/Stop Violence Program Manager:**
mcolon@unitedwaybroward.org/954.453.3727
or
 - **Cynthia Tapia-Rodriguez, BCPS Family Counselor:**
cynthia.tapia-rodriguez@browardschools.com



Share what your school/org. has done during Choose Peace Week with us!
@ChoozPeace @browardschools @unitedwayofbroward
#ChoozPeace #liveunited #leadingthechange